

Northway Shopping Center  
9157 South Highway Drive  
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763-784-3449

## Dance Moves

June 7 -  
September 1, 2010

## Summer Dance



Dance  
Moves

## Dance Moves

*Our Mission is to provide the finest quality dance education to our students. Our program is designed to positively inspire, develop and enrich dancers to reach their highest potential as well as love dance as art.*

*Dance Moves curriculum is based on the graded ballet syllabus of the Cecchetti Council of America. Classes in other dance styles are offered to broaden our dancers' training. We adhere to professional standards in our teaching to develop a strong dance foundation.*

Dance Moves is affiliated with *Minnesota Alliance for Dance Arts*, a non-profit group dedicated to advancing dance education.

## Policies

### **Attendance**

- Missed classes may only be made up during the summer session. No refunds will be given for missed classes.
- Notify the studio of any absences.
- Students are expected to attend all classes, arrive on time and be prepared for class.
- Absences should only be due to medical or serious personal reasons. Continued absences may result in the student's demotion or dismissal from our programs.
- Students arriving over ten minutes late for class will be asked to sit and observe their class for their own safety.
- Classes will be held unless otherwise notified.
- Class time are tentative and subject to change based on enrollment. Dance Moves reserves the right to cancel or consolidate classes with fewer than five students.
- All Fees are non-refundable and nontransferable.
- In the event of severe weather conditions, classes may be cancelled. Announcements will be placed on the studio's voice mail and emailed as soon as possible.

### **General Rules of Conduct**

- All dancers and parents are expected to treat each other, the instructors and the staff with respect and courtesy. Dance Moves reserves the right to suspend or dismiss any student whose attitude or behavior is found to be disruptive or disrespectful. These measures also apply to the student's family.
- Dance Moves is a smoke-free and drug free environment.
- No gum chewing is allowed during classes.

**Return the completed Registration Form with the full payment by May 24.**

## Children's Programs

The Children's Program stimulates the dancer's creativity and self-expression through movement. Each level is developmentally and age appropriate. Classes meet once per week. All classes are progressive.

### **Ballet and Movement Classes**

**Creative Movement** (Ages 4-5) (Pre-Kindergarten. Must be 4 by 6/1/10) A movement and activity class to develop gross motor skills, rhythm, coordination and musicality. (Two levels)

**Pre-Ballet** (Ages 5-6) (Must have completed Kindergarten) An introduction to Ballet with further development of gross motor skills, rhythm, coordination and musicality.

**Beginning Ballet** (Must have completed 1st grade and older) Beginning development of traditional Ballet technique including Barre and Center work as well as body placement, rhythm, strength, flexibility, musicality, correct French terminology and artistry.

**Intro to Ballet** Introduction to the principles of Classical ballet technique (see above). (Two Levels)

### **Dance Camps**

**Liturgical Dance for Children** (Ages 7+) Movement vocabulary for worship and praise for younger dancers.

**Fairy Tale Dance Camp** (Age 4-7) A theater-dance camp to explore story lines and imagination through movement and dance. An in-studio performance will be held on the last day.

**Tales of Beatrix Potter Dance Camp** (Ages 8+) A theater-dance camp using Beatrix Potter stories to explore story lines and imagination through movement and dance. The dancers will participate in the Blaine Art in the Park on June 25th.

**Move it! Hip-Hop** (Ages 7+) A movement class for everyone who wants to experience the fun of moving and learn basic skills!

## Performing Arts Program

The Performing Arts Programs are for developing dancers who want to make a higher commitment to the art of dance. Dancers in the Performing Arts must attend *at least* two ballet classes per week: one Cecchetti and one regular ballet class. Participation in the Performing Arts Program requires a year-round commitment which fosters the dancer's progress. Additional studies are required to enhance the dancer's training.

**We welcome new dancers to join our summer classes. Please see the Class placement section for information.**

**Ballet** (4th grade +) (1—2 years previous ballet experience) Traditional classical Ballet technique utilizing the graded Cecchetti syllabus including Barre and Center (June is the Cecchetti Intensive).

**Pointe** (Teacher evaluation and approval required) Requires a minimum of two years preparation of taking two or more Ballet classes per week as well as developing the necessary technique, muscular strength, physical maturity and personal stamina.

**Master Classes** In July the following classes are offered as an enrichment to our regular Performing Arts program. Each dancer in the PAP is required to attend all the Master classes at their level. *Master classes are open to older, qualified new to Dance Moves dancers. Placement is required.*

**Ballet** Continued studies in Classical ballet

**Jazz** Current and classical Jazz movement

**Modern** Contemporary dance exploring uses of time and space

**Tap** Tap dance for today's performing world in musical theater and contemporary styles


*Master Classes will be taught by our current faculty as well as guest instructors!*

## Adult Programs

**Yoga** Hatha Yoga promotes good health and postural alignment, as well as reduces physical and mental stress. Classes include breathing and relaxation techniques, stretching, balance, strength and proper form. Bring your own Yoga mat.

**Pilates** An exercise system focused on improving flexibility and strength for the total body. It uses a series of controlled movements to develop your "power source" or center and abdominal muscles. Bring your own Pilates mat.

**Ballroom/Social Dance** Ballroom and Social dance for Adults! 6 classes over the summer every other Tuesday night! Form and fun are the focus of these classes. (Partners only) (Please wear leather soled shoes.)

 **Wedding Prep Ballroom Classes**  
**June 6th, 1:30—3:30 pm** Class to help teach those special dances for your wedding!

## Class Placement

Class placement is made on the basis of our teachers' evaluation and recommendation. New students will be placed in the most appropriate class level based on their age, experience and expressed interest in dance.

Admittance to the Performing Arts Program: Students will be required to attend a placement class for evaluation prior to starting classes at Dance Moves. **Please email or call to set up an evaluation.** There is a non-refundable \$15 fee for the evaluation.

Dancers entering our Children's Program will be placed at the most appropriate level for their age and experience at the discretion of the school's director.

## Tuition & Fees

Tuition is listed on the class schedule insert and on the website.

**All fees are with Registration by May 24th.**

- There is a \$25 fee for all returned and NSF checks.
- New students registering for the first time will need to include a \$15 Summer Registration fee per family.
- There is a 25% discount for each additional dancer from the same family. (Does not apply for clients who are in the Adult program with children in the dance program.)

*All Fees are non-refundable and non-transferable.*

## Dress Code

### **Ballet:**

Women: Solid colored one-piece leotard in the class color, pink tights, pink ballet shoes, hair secured in a bun. Dance skirts may be worn for special days.

Men: Solid colored t-shirts, black tights or sweat pants, black or white ballet shoes, hair secured. No extra cover-ups or excessive jewelry should be worn during classes.

### **Tap, Jazz and Modern:**

Dancers need the appropriate shoes for each class and more casual dancewear is allowed. No mid-drift attire may be worn in any of our classes.

### **Theater and Camp Classes:**

Appropriate, comfortable dance clothes, socks or ballet shoes.

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